

## GUIDE TO REOPENING SCHOOLS - Appendix A

The below examples have been outlined to support schools in determining which sport activities are permitted indoors and to support application of the guidance included in the 2021-22 School Year Health and Safety Guidance. The below information is illustrative and does not constitute 2021-22 School Year Health and Safety Guidance as approved by the Chief Medical Officer of Health. This information will be updated to align with changes in the public health environment as required.

<b>Full or Modified Play Indoors in 2021-22 School Year</b>				
<b>Sport Activities (Examples)</b>	<b>Degree of Contact (High/Low)</b>	<b>Full Play Allowed Indoor</b>	<b>Rationale</b>	<b>Modified Activities Allowed Indoor (Examples)</b>
Wrestling	High	No	<ul style="list-style-type: none"> <li>• Close proximity</li> </ul>	<ul style="list-style-type: none"> <li>• Individual conditioning, training and practice drills (e.g. footwork, stance and motion, agility)</li> </ul>
Hockey	High	No	<ul style="list-style-type: none"> <li>• Routine close proximity</li> <li>• Unable to maintain two metres apart from other cohorts.</li> </ul>	<ul style="list-style-type: none"> <li>• Individual skills training (e.g. skating, shooting, puck handling)</li> <li>• Team drills that avoid close contact (e.g. passing, handling, shots on goal)</li> </ul>
Basketball	High	No		<ul style="list-style-type: none"> <li>• Individual skills training (e.g. footwork, dribbling, shooting)</li> <li>• Team drills that avoid close contact (e.g. passing, line drills, rebounds)</li> </ul>
Soccer	High	No		<ul style="list-style-type: none"> <li>• Individual skills training (e.g. sprinting, jumping, ball handling)</li> <li>• Team drills that avoid close contact (e.g. passing, shielding, shooting)</li> </ul>
Volleyball	Low	Yes		<ul style="list-style-type: none"> <li>• Intermittent Proximity</li> <li>• Able to maintain two metres apart from other cohorts.</li> </ul>
Curling	Low	Yes		
Badminton	Low	Yes		

<b>Track and Field (running, throwing and jumping events)</b>	<b>Low</b>	<b>Yes</b>		
<b>Gymnastics</b>	<b>Low</b>	<b>Yes</b>		
<b>Tennis</b>	<b>Low</b>	<b>Yes</b>		
<b>Swimming</b>	<b>Low</b>	<b>Yes</b>		