

Prayer of St. Benedict

Gracious and holy Father,
grant us the intellect to understand you,
reason to discern you, diligence to seek you,
wisdom to find you, a spirit to know you,
a heart to meditate upon you.
May our ears hear you, may our eyes behold you,
and may our tongues proclaim you.
Give us grace that our way of life may be pleasing to you,
that we may have the patience to wait for you
and the perseverance to look for you.
Grant us a perfect end-your holy presence,
a blessed resurrection and life everlasting.
We ask this through Jesus Christ our Lord.

Amen.

Source: Unknown