

A Lenten Reflection Prayer

Forty days alone, a wilderness of thoughts, tempting and inviting thoughts, which could so easily have distracted You from Your task, Your mission, Your vision.

Yet You emerged, stronger and more attuned to all that had to be done, despite a time constraint that to our eyes would have seemed hopeless.

We too live in stressful times. Demands are made of our time, that leaves so little for the important things of life.

We are easily distracted in the wilderness of our lives, by every call to go this way or that, to turn stone to bread, leap from mountains and do all that would keep us from the truth.

We listen to the voices of this world and ignore the One who endured all this and so much more and emerged triumphant, that we might not have to suffer so.

Forgive us, Father, when we get distracted from our task. Forgive us those times when we try to be all things to all people and fail to be anything to anyone.

Amen.

Source: Unknown